

**BARCLAYS BANK - CUMBRIA AND LANCASHIRE PENSIONERS CLUB**

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**Autumn 2017 Newsletter**

Dear friend

Autumnal greetings from myself and the rest of your committee. I hope you are keeping well. Welcome to our autumn 2017 newsletter.

First of all, Christmas lunches.

If you are not a regular attender then please rest assured that these events reflect the spirit of the season – informal, relaxed, and great fun. We love to see the lunches packed to the rafters and aim to attract higher numbers year on year. And if you just like a quiet catch-up with old friends then we do that too. So let's make this year the best yet!

The 'northern' lunch is at The North Lakes Hotel in Penrith on Wednesday November 15th and the 'southern' event is at The Barton Grange Hotel near Preston on Friday 1st December. Both start at 1pm, with coffee available from 12 noon. Please return the attendance forms as soon as possible. We have to pre-order food for both lunches so please indicate your choice on the attendance forms. And make a note of it please as people changing their mind on the day can cause all sorts of problems! I'm afraid we also have to commit to payment upfront so refunds are not normally available.

Barclays pays the club a subsidy based on the number of members who get involved in club activities (active members) and our traditional Christmas quiz qualifies for this, so please have a go at the quiz below even if you are not attending either lunch, and send your answers to Kath Bamber either by email or post. There will be three prizes of £60, £40 and £20 for the 1st correct answers drawn at Barton Grange. Any non-attending winners will be advised by post shortly afterwards.

Once again this year, at Barton Grange, we will be raffling a hamper kindly donated by Mrs Thelma Webster and the money raised will be matched £for£ by the Bank and donated to a local charity. Thelma's continued support for this raffle is really tremendous. A big thank-you from us all. Last year this item alone raised £480 for charity. We will also be having our usual free raffle at both lunches.

Okay, so that's Christmas dealt with. Now let's look forward a bit to next year.

The AGM will be held at The Grange Hotel at Grange over Sands on Wednesday 2nd May 2018. More details will be given in the Spring Newsletter but the date won't change so make a note of that now please.

I now have some sad news. My co-secretary, with particular responsibility for 'the north', Christine Bracken, will not be standing for re-election at the AGM. She has been in the role of Secretary for 13 years and feels it is time for someone else, or maybe two people, to take on the job. Please do not hesitate to contact either our Chairman Sue, Christine herself, or me, if you would like to discuss what the role entails. It can be extremely satisfying and, let's face it folks, we need something to keep the mind active in our dotage!

I personally would like to thank Christine unreservedly for her massive support for me during my 'induction'. Thank you very much Christine.

We have had some fabulous days out in 2017. These are not for the committee to impose upon you, but for you to suggest and choose. All suggestions would be most welcome so please share with us any ideas you may have. One possibility we ran past those of you at the Midland lunch is the Mersey Ferries cruise down the Manchester Ship Canal (personally I think of it as the Liverpool Ship Canal!). That really is a long day out but anyone who has been on it would no doubt tell you how amazing it is:

<http://www.merseyferries.co.uk/cruises/Manchester-Ship-Canal-Cruises/Pages/default.aspx>

Anyway, we'll talk about that in the weeks ahead. And anything else you want to suggest.

Also give some thought to which charities you think we should support when we have funds available - through raffles and GAYE for example.

So, that's about it for now folks. There follows a few reference items and useful information together with those all-important attendance forms for the Christmas lunches. Oh, and don't forget the quiz. Someone has to win the prizes – it could be you. But (you know what's coming here) you have to be in it to win it!

- Our club website contains lots of useful information including links to other relevant sites - [www.barcpensnw.org](http://www.barcpensnw.org)
- Facebook – <https://www.facebook.com/groups/300812020025310/> - yes, I know some of you are reluctant to use it and it can seem quite scary if you don't know it, but many old fogies like me love it – and it really can keep you in touch with friends and family – including the club and its members. Try it! If you want any guidance then give me a shout.
- Which leads me to my annual plea for members to use email rather than post if you can please. It costs us much more to use post – but to be honest that's not the main reason. Email is so much more efficient to get messages out to everyone, especially those messages we have to circulate quickly from time to time.

- Committee:  
Sue Starkey chairman/treasurer 01253 596239 - starkey.susan50@googlemail.com  
Kath Bamber vice chairman 01772 865510 - [kath.bamber@btopenworld.com](mailto:kath.bamber@btopenworld.com)  
Jim Gavin secretary (south) 01704 573805 - jimgav@gmail.com  
Christine Bracken secretary (north) 01539 725704 - [christine1292011@hotmail.com](mailto:christine1292011@hotmail.com)
- If you do not drive but would like to attend one of the lunches, or any of the events we organise, please let us know and we will try to arrange a lift from someone who lives near you.

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There now follows details and attendance forms for the Christmas lunches, and the Christmas quiz entry form.

Cost per head for each lunch is £5 for members and £26 for guests (both to include a glass of wine). Members are very welcome to attend both events and if you do you need pay only £5 for each one, £10 in all.

Please indicate your food choices on the menu(s) and send this with your cheque to Kath Bamber, 31 Churchgate, Goosnargh, Preston PR3 2BD. Make cheques payable to Barclays Bank Pensioners Club.

If you wish to pay directly into the club bank account it is 20-47-61 a/c 10811203 – and ensure you advise Kath if you have done so please. Your name appearing as ‘reference’ on the payment would be appreciated. Again, don’t forget to return the completed menu to Kath – although that can be scanned and sent to her by email if you prefer at [kath.bamber@btopenworld.com](mailto:kath.bamber@btopenworld.com).

If you have any dietary, access or disability requirements please advise Kath.

The **deadline** for receipt by Kath of the completed menus and payment is:

**Penrith – November 1**

**Barton Grange – November 11**

*For now, best wishes & kind regards*

*Jim Gavin*

*Secretary, south*

**North Lakes Hotel, Ullswater Road, Penrith, CA11 8QT**  
**Festive Lunch Menu 2017**

**Wednesday 15<sup>th</sup> November @ 1pm**

Please indicate your choice(s) of starter, main course and dessert

**Oak smoked Scottish Salmon**

*warm crispy prawns, lemon, lime, soft herbs*

**Roast butternut squash soup (V)**

*cumin spiced crème fraiche, crisp baked croutons*

**Caramelised onion & goats cheese tart (V)**

*winter leaves, pomegranate, toasted pumpkin seeds*

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**Butter roasted turkey breast**

*traditional trimmings, homemade cranberry chutney, rich pan gravy*

**Slow cooked feather blade of English beef**

*thyme & red wine bordelaise sauce*

**Woodland mushroom & chestnut parcel (V)**

*filo parcel, fresh herbs, vegetables, pulses, white onion sauce*

*all served with roast & mashed potatoes, brussels sprouts, carrots & neeps,  
honey roast parsnips*

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**Award-winning Thwaites Ale steamed Christmas Pudding**

*baileys cream sauce, cinnamon spice*

**Black forest gateau**

*our version with Kirsch jelly & chocolate crunch*

**Traditional Cheese platter**

*the best Cheddar, stilton & brie, mulled apple puree, artisan biscuits*

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**Freshly Brewed Coffee & warm mince pies**

(name).....will be attending the lunch and  
in case of need my telephone number is.....

I will be bringing a partner/guest who will be (name).....

I have enclosed my payment/paid directly to the club bank account (delete as  
applicable please) - member £5 guest £26

**Barton Grange Hotel, Garstang Road, Barton, Preston, PR3 5AA**

**Festive Lunch Menu 2017**

**Friday 1<sup>st</sup> December @ 1pm**

Please indicate your choice(s) of starter, main course and dessert

**Starters**

Tomato and rosemary soup (v)

Smoked salmon

Pulled pork terrine

**Main course**

Roast turkey

Slow cooked lamb rump with rosemary and thyme jus

Shittake mushroom, pea and asparagus gnocchi (v)

**Dessert**

Christmas pudding

Vanilla and honey crème brûlée

Cheese board

*All followed by coffee and mince pies*

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in case of need my telephone number is.....

I will be bringing a partner/guest who will be (name).....

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delete as applicable) - member £5 guest £26

## Christmas Films Quiz – Who starred in each festive film?

|  |                                       |                           |                                       |
|--|---------------------------------------|---------------------------|---------------------------------------|
| <b>It's a wonderful life</b>                 | <b>Arthur Christmas</b>               | <b>The Nativity Story</b> | <b>Santa Claus the Movie</b>          |
| <b>Muppet Christmas Carol</b>                | <b>Elf</b>                            | <b>Nativity!</b>          | <b>Deck the Halls</b>                 |
| <b>Miracle on 34th Street</b>                | <b>How the Grinch stole Christmas</b> | <b>The Snowman</b>        | <b>Love Actually</b>                  |
| <b>White Christmas</b>                       | <b>The Santa Clause</b>               | <b>Scrooged</b>           | <b>Home Alone</b>                     |
| <b>National Lampoon's Christmas Vacation</b> | <b>Jingle all the way</b>             | <b>The Polar Express</b>  | <b>The Nightmare before Christmas</b> |
| <i>James Caan</i>                            | <i>Chevy Chase</i>                    | <i>Bing Crosby</i>        | <i>Sir Richard Attenborough</i>       |
| <i>Jim Carrey</i>                            | <i>Oscar Isaac</i>                    | <i>Michael Caine</i>      | <i>James Stewart</i>                  |
| <i>Tim Allen</i>                             | <i>Martin Freeman</i>                 | <i>Tom Hanks</i>          | <i>Danny de Vito</i>                  |
| <i>Arnold Schwarzenegger</i>                 | <i>Peter Auty</i>                     | <i>Dudley Moore</i>       | <i>Bill Nighy</i>                     |
| <i>Jim Broadbent</i>                         | <i>Bill Murray</i>                    | <i>Danny Elfman</i>       | <i>Macaulay Culkin</i>                |

Please send your answers to Kath Bamber, 31 Churchgate, Goosnargh, Preston PR3 2BD or [kath.bamber@btopenworld.com](mailto:kath.bamber@btopenworld.com) by Friday 17<sup>th</sup> November 2017